

## Editorial

Dev Sanskriti Vishwavidyalaya is an educational institution to mould its students into noble and enlightened human beings; selfless, warm-hearted, compassionate and kind individuals. Along with excellent domain focused approach, categorical excellence and a widely knitted outreach connect, the University aims to build individuals with spirituality as their locus of control and help them excel holistically through meticulously designed curriculums and dedicated faculty. One of the primary objectives of the University is to provide education and conduct research in the disciplines of Vedic Culture (Dev Sanskriti) and to provide a proper blend of science and spirituality. Every time, through our Journal, we present you a collection of research papers and studies that addresses and expresses the new dimensions of inter disciplinary research.

In the first article Narottam Kumar investigated the immediate effect of two yoga based mantra recitation on students of age 18 to 30 and analyzed it using stroop test. His study concludes that both the mantra om and Gayatri Mantra improves the attention but the influence of Gayatri mantra was significantly higher than Om recitation. Moksha the transcendent state attained as a result of being released from the cycle of rebirth is the ultimate target of human soul and from a long time different cultures had put their studies and findings about the protocol to attain moksha.

In second research article Swati Kapli discussed about various philosophy in Indian culture or Hindu Dharma to attain moksha. In her study she concluded that winning over mind (man) and losing ego and desires is the ultimate and permanent happiness of human.

In third research article Kalpana M. Iyengar discussed that literacy education is not just acquired from the linguistic modes (listening, speaking, reading, and writing), but also through other modalities such as music and

dance, which constitute tonal and bodily semiotics respectively. She concluded that Bharatanatyam dance is literacy education through trans-mediation.

Mark D. Salvation in fourth research article studied requirement of communication in the Matrix Coating Company and Conflict Resolution in their Workplace to overcome the communication barriers. This research concluded that exciting activities such as informal networking groups, team exercises and others enables the staff to work together in a cohesive way along with that the team building process will allow the team members to learn the best ways to work together through team experience without issues.

The next article is also from across the border from Nigeria. In this research article Princewill I. Egwuasi *et. al.*, investigated the teachers' pedagogical skills and students' learning of English Language in public secondary schools and concluded that the training and retraining of teachers is required to boost their competence and managerial skills as it shows the positive relationship between teachers and students.

Deepak sign *et. al.*, studied the effect of reading on emotional intelligence in teenage girls and found it have positive impact on their emotional intelligence. Bhawana Singh discussed 10 herbs under Hridya Mahakashya (Group of Cardio Tonics Drugs) in Ayurveda and explored their mode of action. The last two articles are from abroad. Rata B. Kenea talked about Impacts of Gender Differences on Women's Participation in Community Work while Omoponle studied the Crime Behavioural Tendency of School-Going Adolescents in Ibadan.

We heartily congratulate and thank to the reviewers and all the contributors. We also thank all the readers and seek your feedback to make the journal a more effective vehicle in the field of Indigenous knowledge.