

## Editorial

Born out of a unique vision of the ground breaking scholar and great visionary, Pandit Shri Ram Sharma Acharya Ji, Dev Sanskriti Vishwavidyalaya is an educational institution to mould its students into noble and enlightened human beings; selfless, warm heart compassionate and kind individuals. Along with excellent domain focused approach, categorical excellence and a widely knitted outreach connect, the University aims to build individuals with spirituality as their locus of control and help them excel holistically through meticulously designed curriculum and dedicated faculty.

This inter disciplinary journal has always strived for excellence and has offered a platform to the young aspirants to share their knowledge with other aspirants from similar disciplines; such as from Science, Spirituality, Yoga, Ayurveda, Indian Culture, Ancient scriptures and different other walks of life. Over the years, the journal has become a platform that has hosted different scholarly studies and has encouraged qualitative, quantitative, theoretical, and concept-based research articles related to the indigenous knowledge. With a comprehensive approach and a broader vision, this bi-annual journal has been dedicated to the interdisciplinary researches and scholarly studies with special attention to the blends of science and spirituality. This is what makes it unique.

The master always insisted that both oriental and occidental should come together and must emerge as the future for humanity. The first article of this volume is across the border from Germany. Simona Theoharova and Petra Warschburger studied the impact of change talk and state of commitment in German youth and found it crucial for Motivational Interviewing that the therapist can recognize in their clients.

Their study helped to understand adolescent language concerning change and commitment. The second paper deals with the spiritual sciences. Shikha Rani compared the tools of Narad Bhakti sutra and Shandilya Bhakti sutra in current prospective. In her study she concludes that the refinement of emotions done by Bhakti assists in solving all the major issues of current times.

Neha Sharma studied the Bio-psycho-social Intervention in relapse to the treatment of substance dependence in males by taking 100 male subjects from age 16 to 60 years having multiple substance dependence and in her research she concluded that that bio-psycho-social intervention program is significantly effective in relapse prevention among males with substance dependence.

Santosh K. Gautam studied the role of mass communication in making India Polio free by providing awareness. In his research, he found that TV is most effective media in mass communication and the level of awareness in people about their health issue is very high, Because of the communication through Television.

Next paper is again from across the border Nwaokobia et al., investigated the effect of extraction solvents by varying time of *Magnifera indica* on yield and physiochemical property. In their study they concluded that hexane gives maximum yield of 13.06% in 8 hours. Gautam Vandana Singh discussed the importance of science and spirituality and concluded that it is necessary to accept the knowledge emerged by deep experiences of spirituality along with understanding the importance of science. In next research article

Pragya S. Lodhi et al., studied the impact of diary writing practice on mental health of adolescent girls by taking 100 subjects and they concluded that by diary writing 5 times a week for 30 minutes mental health of adolescent girls significantly improved. Gayatri Gguruvendra and Amrit Guruvendra studied the impact of yoga on high BP in house wives and concluded that yoga practice have positive influence on high BP in 30 to 40 years old.

The next paper is again from across the borders from Nigeria Maduet et al., investigated the physiochemical and heavy metals profiles in bore well and sea water. In their study, they concluded that the increased BOD and COD values are higher in lagoon water samples than sea water and borehole water. This is because of the accumulations of industrial and vegetal in lagoon water.

We heartily congratulate and thank to the reviewers and all the contributors. Hope, this issue of Journal will inspire and generate interest among researchers, educators, policymakers and professionals to understand the significance of Indigenous Knowledge in present era. We also thank all the readers and seek your feedback to make the journal a more effective vehicle in the field of Indigenous knowledge. Enjoy reading and enrich yourself. Have a wonderful year ahead.