

## Editorial

With a vision for the spiritual and cultural renaissance of the globe, Dev Sanskriti University always focused on spreading the indigenous knowledge and the inherent Indian wisdom to the rest of the world. With over a decade old journey and some substantial and really meaningful attempts, we feel the need of introducing a Journal to confer the ancient indigenous knowledge around the globe. Having understood the painstaking efforts that need to be made in this area for developing a critical rethinking, & establishing a dialogue between Science and Indigenous knowledge for achieving a balanced synthesis, we hereby introduce ‘**Dev Sanskriti : Interdisciplinary International Journal**’.

The journal strives to ensure a comprehensive coverage of all subjects related to the indigenous knowledge. Dev Sanskriti is a biannual Journal devoted to interdisciplinary research with the objective of furthering an understanding of scientific relationships with indigenous knowledge, which makes this journal unique. Interdisciplinary research can be one of the most productive and inspiring of human pursuits, one that provides a format for conversations and connections that lead to new knowledge. The journal also provides a wider platform for disseminating and sharing results of scholarly studies in the relevant areas in pursuit of furtherance of science. ‘Dev Sanskriti’ encourages and welcomes qualitative, quantitative, theoretical, and concept-based research articles related to the indigenous knowledge.

The visionary behind the conceptualization and foundation of Dev Sanskriti University, Yugrishi Pt. Shriram Sharma Acharya had pioneered the rebirth of ‘Scientific Spirituality’ and integrated the two to give new dimension and viewpoint to the world in the present challenging circumstances. Yugrishi was convinced that modern man could not be persuaded to accept the values of life were proved to be scientifically viable for the welfare of

man and the society. This Journal is dedicated to that very concept of Scientific Spirituality.

The journal includes contributions from across disciplines like Yoga, Psychology, Journalism, Education, Ayurveda, Indian culture and Oriental Studies. The first paper of this issue is dedicated to the concept of healing where Swami Mangalteertham, in his unique attempt, explores the ‘Yogic Principles of Healing’. He discusses the Concept of health & healing and Yogic principles of Management in his paper. Two important components of ancient Indian therapies such as Ayurvedic Panchkarma & Yogic Shatkarma have been critically analysed by Sunil Kumar & Vinod Upadhyay critically. They discuss its major objectives, principles, similarities and differences in detailed. Deepak Singh *et al.*, developed a new holistic approach for Obsessive-Compulsive Disorder and also investigated its effectiveness. Holistic approach is an integration of Psychology, Ayurveda & Yogic techniques. This study was conducted on 60 participants with a diagnosis of OCD and they found its significant positive effects. Namarata & Avinash explore the facets of educational philosophy of Pt. Shriram Sharma Acharya and also examine its effect on Value-orientation of students. Yagya forms another important pillar of Indian culture and has a very scientific base. Author Ruchi has drawn attention on *Yagya* and explored its mechanism. She explains *Yagya* as scientific technique to prevent air pollution. Maureen Hall, Prof, UMASS has contributed to the journal in the capacity of international contributors. She pays attention on ‘Power of Reflective Writing for Deepened learning’. She concluded that reflective writing offers one important pedagogical technique that can activate students’ consultation with their own minds. As teachers, we can promote and provide ways to help students’ consultations with their own minds, and the result is impressive as improved

and deepened levels of learning. Shikha & Reena explore the Vedic concept of Dharma and its role in solving some major problems of nations. Type 2 diabetes is a dreadful disease, and needs great amount of molecular and medicinal research. Devashish *et al.*, prepared a new Ayurvedic formulation and also examined its effects on 15 type 2 diabetes mellitus patients. It was found that Ayurvedic formulation is effective in reducing the blood and urine sugar level in T2DM patients. They also reported that during the study period no side effects were seen. Journalism and media industry badly requires a makeover with a value based approach. Sukhanandan Singh explores a concept of Spiritual Journalism as a solution for crisis of Values. Khokhar *et al.*, investigate the effects of Yagya Therapy on Inferiority & Insecurity feelings of HIV+/AIDS patients. They prepared a special medicinal *Havan samagri* and sacrifices *ahutis* with *Surya-Gayatri* &

*Mahamrityunjaya mantras*. They suggest Yagya therapy is an effective technique for managing inferiority & insecurity feelings of HIV+ & AIDS patients. Alfredo Lauria pays attention of ancestral Veda concepts and quantum mechanics as a background of Ayurveda & Modern medicine. Being an international contribution, this paper holds a great effort and service in amalgamating the two different branches of physics and Veda.

This issue also includes review of two recently published books as well. We heartily congratulate and thank to the reviewers and all the contributors. Hope, this issue of Journal will inspire and generate interest among researchers, educators, policy makers and professionals to understand the significance of Indigenous Knowledge in present era. We also thank all the readers and seek your feedback to make the journal a more effective vehicle in the field of Indigenous knowledge.

---