

COLUMN

Editorial

Dev Sanskriti: Interdisciplinary International Journal, published by Dev Sanskriti Vishwavidyalaya, Haridwar, continues its mission to serve as a platform for research on interdisciplinary subjects, particularly emphasizing the integration of indigenous ancient Indian science with modern scientific inquiry. Inspired by the vision of the eminent scholar and visionary, Pandit Shriram Sharma Acharya, the university remains committed to fostering education and research that blends science and spirituality, nurturing individuals who embody selflessness, compassion, and wisdom.

The present volume of the journal includes contributions across various disciplines, covering themes such as Yoga philosophy, Ayurvedic healing, meditation-based emotional intelligence, Vedic consciousness, and media's role in rural empowerment.

The first research article by Ghazale Adampour and Chinmay Pandya examines the awareness of the Patanjali Yoga Sutra among certified yoga instructors in Iran. Through a structured survey of 115 participants, the study reveals a promising familiarity with core concepts such as Chitta Vritti Nirodha and Ahimsa, yet highlights gaps in understanding the broader structure and philosophical depth of the Yoga Sutras. The study underscores the necessity of educational interventions to deepen the comprehension of yoga philosophy among instructors.

The second paper, authored by Sreenadh P. and T.S. Dudhamal, presents a case study on fracture healing using Jingini Taila bandage in Ayurveda. The study explores an integrative approach combining Ayurvedic principles with conventional immobilization for metatarsal fractures. The findings suggest that the external application of Jingini Taila alongside oral administration of Lakshadi Guggulu significantly aids fracture healing while minimizing post-cast stiffness, allowing for a quicker recovery period.

The third research article by Lalima Batham and Swarnkala Singh explores the Amrit Varsha Dhyana

meditation technique proposed by Pandit Shriram Sharma Acharya and its role in enhancing emotional intelligence. The study discusses how guided visualization practices within this meditation technique contribute to emotional regulation, empathy, and mental clarity. The findings indicate that Amrit Varsha Dhyana has the potential to foster emotional stability and resilience, making it an effective tool for personal development and psychological well-being.

The fourth article by Shilpi Verma and Manorama Nikhra delves into the concept of Prana Tattva as described in the Kaushitaki Brahmana Upanishad. This perspective article discusses the fundamental role of Prana as the life-sustaining force, emphasizing its supremacy over sensory faculties and its connection to self-realization and liberation. The article provides a philosophical and scriptural exploration of Prana as an essential element of existence and consciousness.

The final article by Neha Singh and Saumya Gupta examines the role of rural women in community radio, with a special focus on Apna Radio and Gurgaon Ki Awaaz. The authors highlight how community radio has become an empowering tool for rural women, allowing them to take leadership roles, voice their concerns, and drive social change. The article discusses the significance of media in shaping awareness and fostering development among women in rural communities.

We extend our heartfelt gratitude to the reviewers and contributors whose dedication and scholarly efforts have enriched this volume. We hope this issue inspires researchers, educators, policymakers, and professionals to explore and appreciate the relevance of Indigenous Knowledge in contemporary society. We also invite feedback from our readers to enhance the journal's impact in the field of interdisciplinary research.

Enjoy reading and immerse yourself in the wisdom of this volume. Wishing you a wonderful year ahead!