

EDITORIAL

The journal that brings together the studies of interdisciplinary domain, science and spirituality, Indic and modern streams of learning is again presented from Dev Sanskriti Vishwavidyalaya. One of the primary objectives of the University is to provide education and conduct research in the disciplines of Vedic culture and to provide a proper blend of science and spirituality.

While the world celebrated the International Day of Yoga with full enthusiasm and spirit, with this edition of the International Journal, through the interdisciplinary research papers across various streams, we present you the real delight of knowledge which clearly reflects the communion of different schools of thoughts.

This issue offers you to take a dip in the ocean of Yoga, Social media, Cultural Literacy, Science of Water, Mind and Consciousness, Spirituality and equality, Buddhism Philosophy, Education Policy, Patanjali Yoga, History of Ordnance, Ancient Sushruta's Surgery techniques, etc.

In the International contributions, Lucy R. Forrest from the United States of America, contributes here study on *Suffering as a state of mind* in her attempt of exploring and understanding the convoluted concept of "suffering" according to Indian philosophy such as Buddha, Patanjali, Sivananda, the Gita & Jainism.

India is a land of daughters, known for their velour, hope, knowledge, and wealth of spirit, yet today the status of women is one of the country's greatest challenges and gender equality is fighting an often-silent battle. Erin Smith from Department of International Studies, University of Nebraska, Omaha, proposes the study titled *From Enlightenment to Equality*, which was conceived from the notion that Indian spirituality, in its truest essence, is the antithesis to this gender paradigm, and accordingly, it examined if spirituality can

work to achieve a more gender equal and just society.

Kalpana M. Iyengar, Postdoctoral Researcher, UTSAS an Antonio Writing Project explores unique dimension of Cultural Literacy among Asian Indian American Students. Her findings indicate different learning styles and what needs to be done to build an inclusive learning model in American curriculum. Also, how dance and music are strong learning tools as they engage children utilizing story telling through expression and bodily movements and other auditory channel.

Aseem Kulshreshtha, Yoga faculty, Gurudev Tagore Bhartiya Sanskriti Kendra, Indian Embassy, Mexico, shares his explorations in the field of Scientific Spirituality, where he scientifically validates the spiritual dimensions of *Patanjal Yoga Sutras*.

Nivedita from Uttarakhand Open University has contributed in the field of Philosophy through her study that explores the various *sadhana* (penance) techniques being offered in *Buddha's teachings*.

Anakshi Bora, Research Student, Gauhati University, Assam, explored and shared the *policy of education* as reflected in *Siksavalli* of the *Tattiriopanisad* so as to ensure the holistic development of the students, which includes social, spiritual, intellectual development being very important in today's competitive world.

Manoj Kumar Rao and Ipsit Pratap Singh, investigate the *ordnance science of ancient India* by studying the ancient scriptures which indicates the presence of advanced artillery science and its usage during wars.

Ajay K. Gupta, Associate Professor, Uttarakhand Ayurveda University, Haridwar, brings into light the *advanced medical practices of Medieval India*, being pioneered by one of the earliest surgeons of the recorded history (600

B.C), *Sushruta*. Sushruta took surgery in medieval India to admirable heights and that era was later regarded as “*The Golden Age of Surgery*” in ancient India. Because of his numerous seminal contributions to the science and art of surgery in India, he is regarded as the ‘*Father of Indian Surgery*’ and the ‘*Father of Plastic Surgery*’.

As an *economist Mahatma Gandhi* was different from the main stream tradition due to his emphasis on ethical aspect to promote economic development as well as a rejection of materialism. Inspired by American writer Henry David Thoreau throughout his life Gandhi was in search to find the ways by which poverty, backwardness and other socio, economic problems could be solved. Mukesh K. Malviya, Asst Professor, Banaras Hindu University, Varanasi, India makes an

impactful attempt to present the economic thoughts of Mahatma Gandhi and analyze the relevance of these concepts in the present era.

Tankeshwari Patel, Asst Professor, Dev Sanskriti Vishwavidyalaya, Haridwar, expressed her learning from *Brihad Sanhita* and validates the teachings of *Acharya Varahamihir* that analyses the science of ground water.

We heartily congratulate and thank to the reviewers and all the contributors. Hope, this issue of Journal will inspire and generate interest among researchers, educators, policy makers and professionals to understand the significance of Indigenous knowledge in present era. We also thank all the readers and seek your feed back to make the journal a more effective vehicle in the field of Indigenous knowledge.